

TOP 20 TRAINING

MAKING A POSITIVE DIFFERENCE THROUGH SOCIAL-EMOTIONAL DEVELOPMENT.

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Above and Below the Line: How Our Thinking Governs Our Experience

Above the Line

A positive view on life and
how we see the world
Energetic moods and emotions
Focused on what is important

Positive attitudes and beliefs
Hopeful and optimistic
Power to control my life

Below the Line

A negative view on life and
how we see the world
Depressing moods and emotions
Lose focus on what is important

Negative attitudes and beliefs
Hopeless and pessimistic
Powerless victim of life

1. Living or Visiting
2. Life Looks Different from Above or Below the Line
3. Making Decisions Below the Line ☐ Mess
4. Conditions Do Not Determine Experience: Keep Your Day
5. Invitations: conditions/situations that invite us to go BTL.
6. Indicators: feelings we have or behaviors we manifest when BTL.
7. Submarine: maintaining dignity during our BTL visits.
8. Trampolines: means by which we can think straight and bounce back ATL.
9. Teacher Tips: A. Avoid using the work 'attitude'.
B. Put 'your' picture on the Line poster.
C. Have an Invitation prop available at all times.
D. Teach this concept early in the semester and with passion.

CREATING A TOP 20 CULTURE

Our Current Work Culture

1. What exists in our current culture that empowers our potential to explode?

2. What exists in our current culture that limits our potential from exploding?

Job #1: Help Others Succeed

How could I help others succeed in ways that I am not currently doing?

Communicate 'You Matter'

1. Seek the other's benefit.
2. Listen to understand.
3. Value differences.

How do I specifically communicate "You matter"?

How do I communicate "You don't matter"?

Honor the Absent

Honor the Absent: Speak well of those who are not present.

Dishonor the Absent: Speak negatively of those who are not present.

1. Thin Ice!
2. Problem Naming or Problem Solving.
3. Keeping My Lake Clean:
 - A. How do I communicate “Dump Here?”
 - B. How do I or could I communicate “No Dumping Here?”
4. Name is Sacred
5. Practice the 2-out-of-3 Rule: Say someone’s name.
Say something negative.
Say it to someone else.

See the Problem, Own the Problem

Assessing Our Culture:

- 8-10 Significantly present in our culture
6-7 Often present in our culture
4-5 Seldom present in our culture
1-3 Significantly absent in our culture
- _____ Job #1: Help Others Succeed
- _____ Communicate ‘You Matter’
- _____ Honor the Absent
- _____ See the Problem, Own the Problem